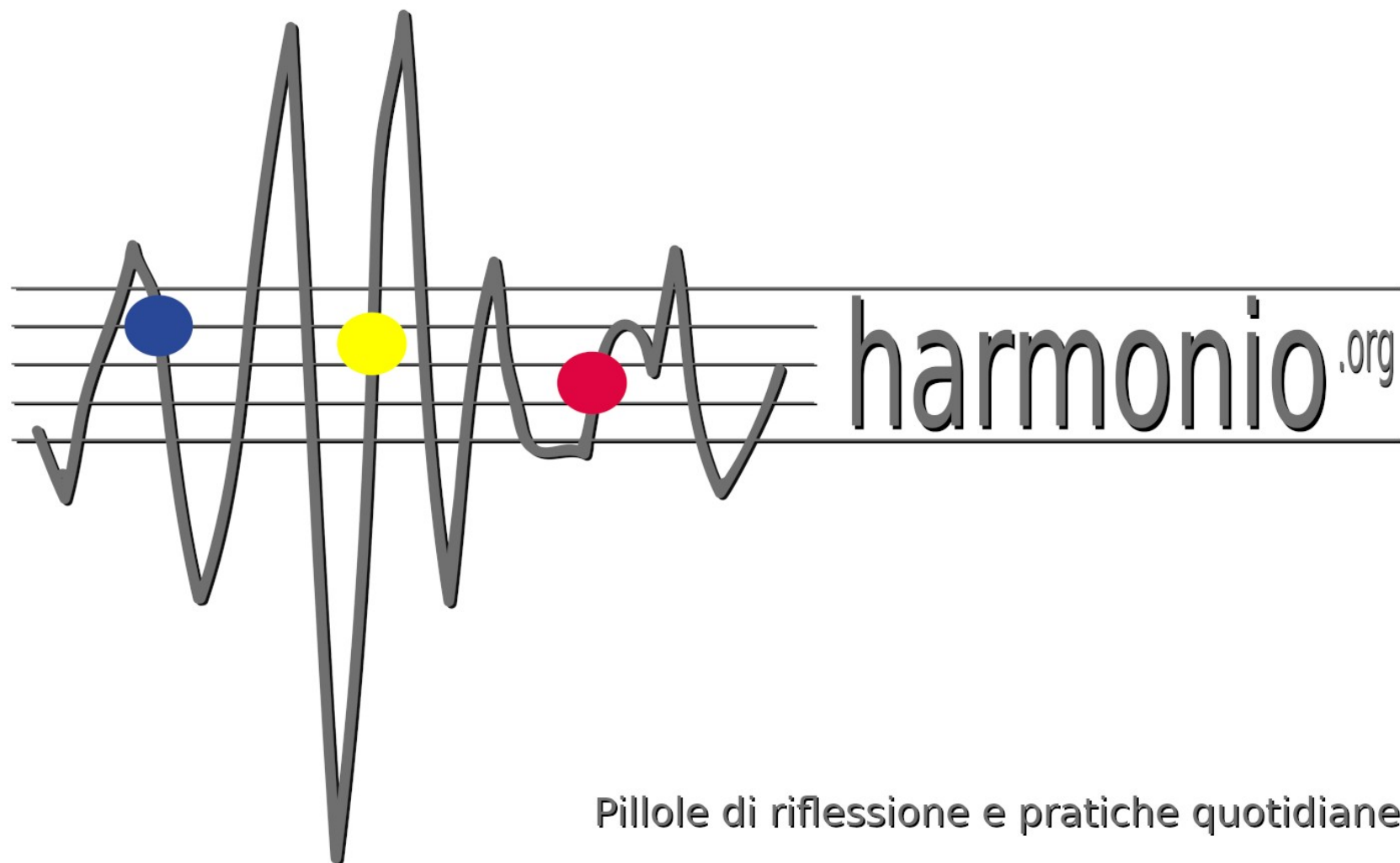
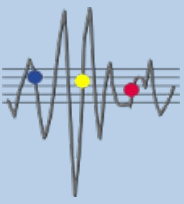




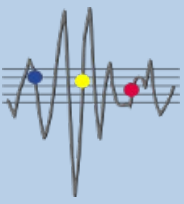
Pillole di riflessione e pratiche quotidiane

Natura: materia ed energia

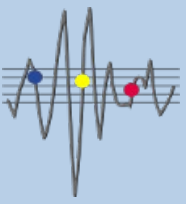


Interiorità e Vita :

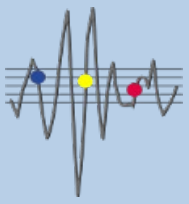
- chiudere gli occhi
- riscoprirsi da dentro
- muoversi da dentro
- frequenze, spazio e tempo

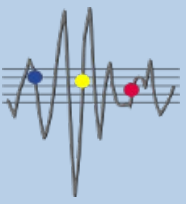


- io dentro
- materia / energia
- musica e organismo
- musica e salute



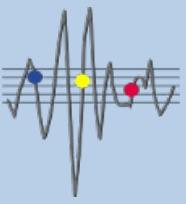
io dentro





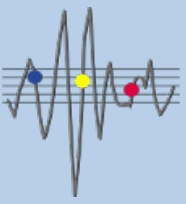
materia e energia

materia e energia



toccabile / non toccabile

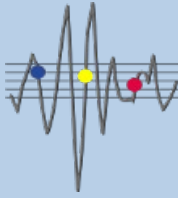




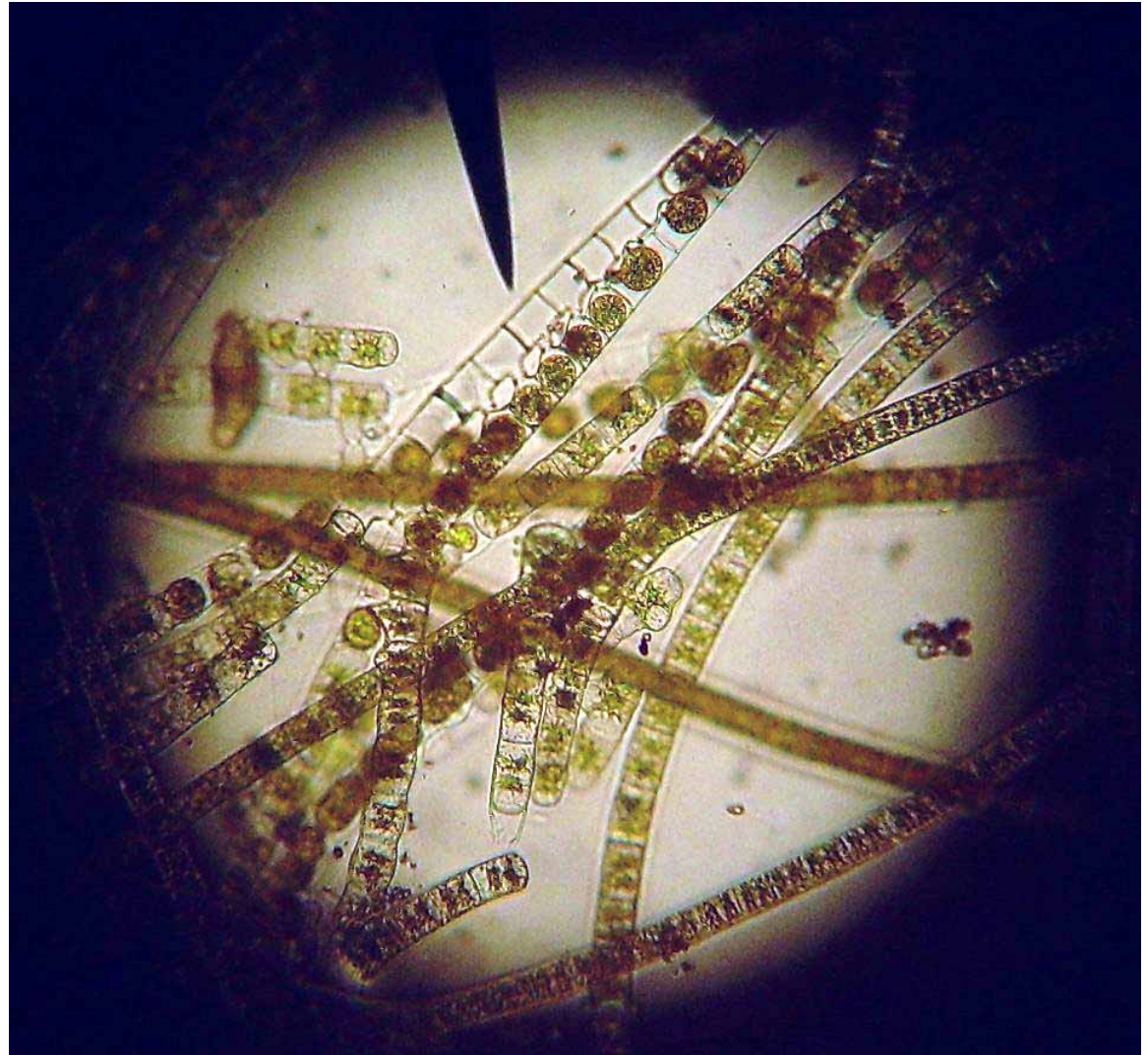
toccabile / non toccabile

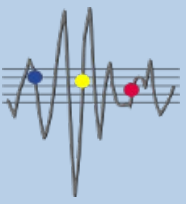


materia e energia

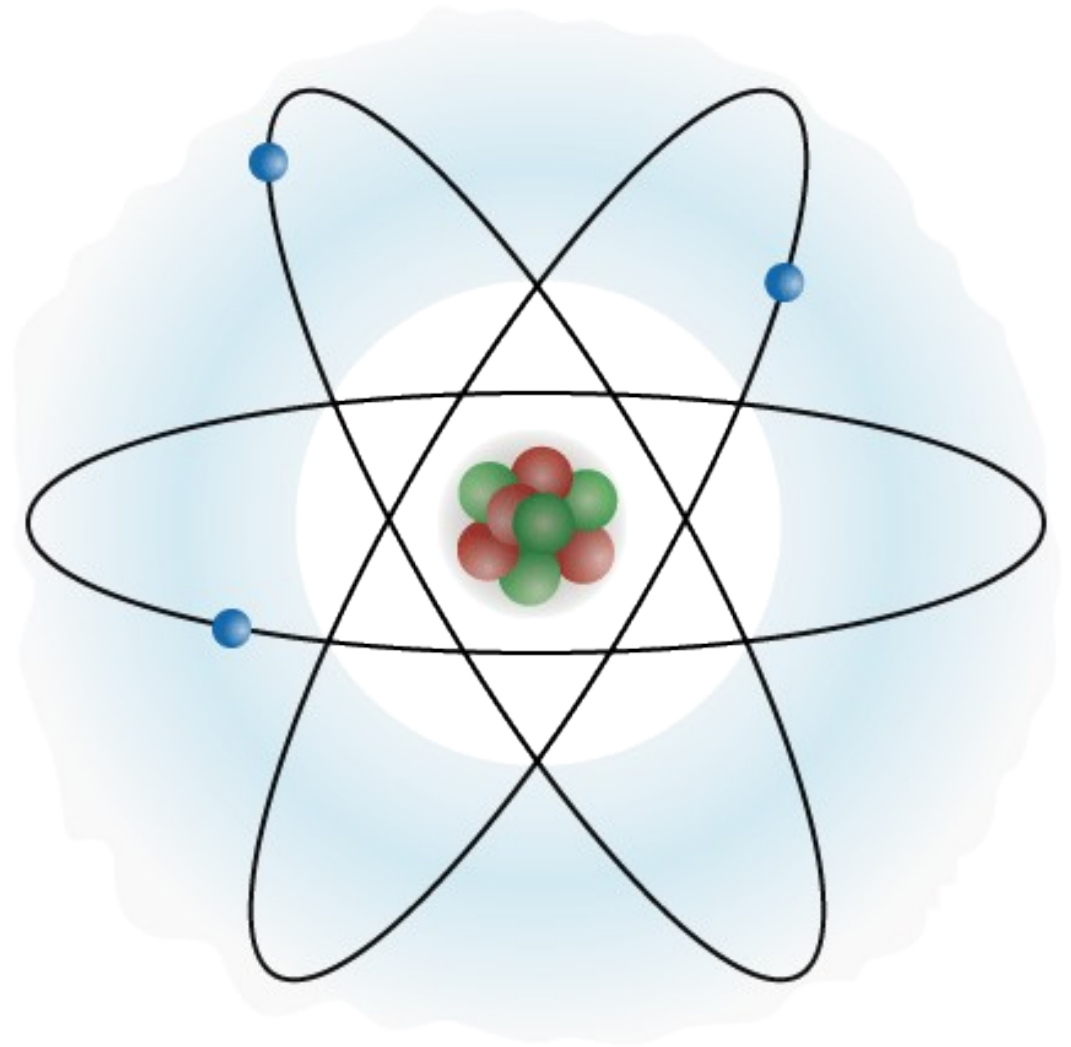


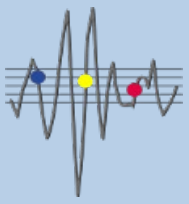
toccabile / non toccabile





toccabile / non toccabile

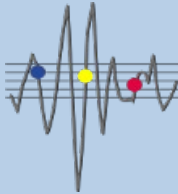




visibile / non visibile

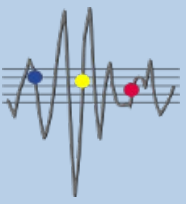


materia e energia



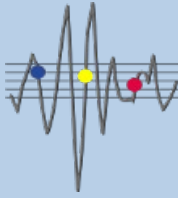
visibile / non visibile



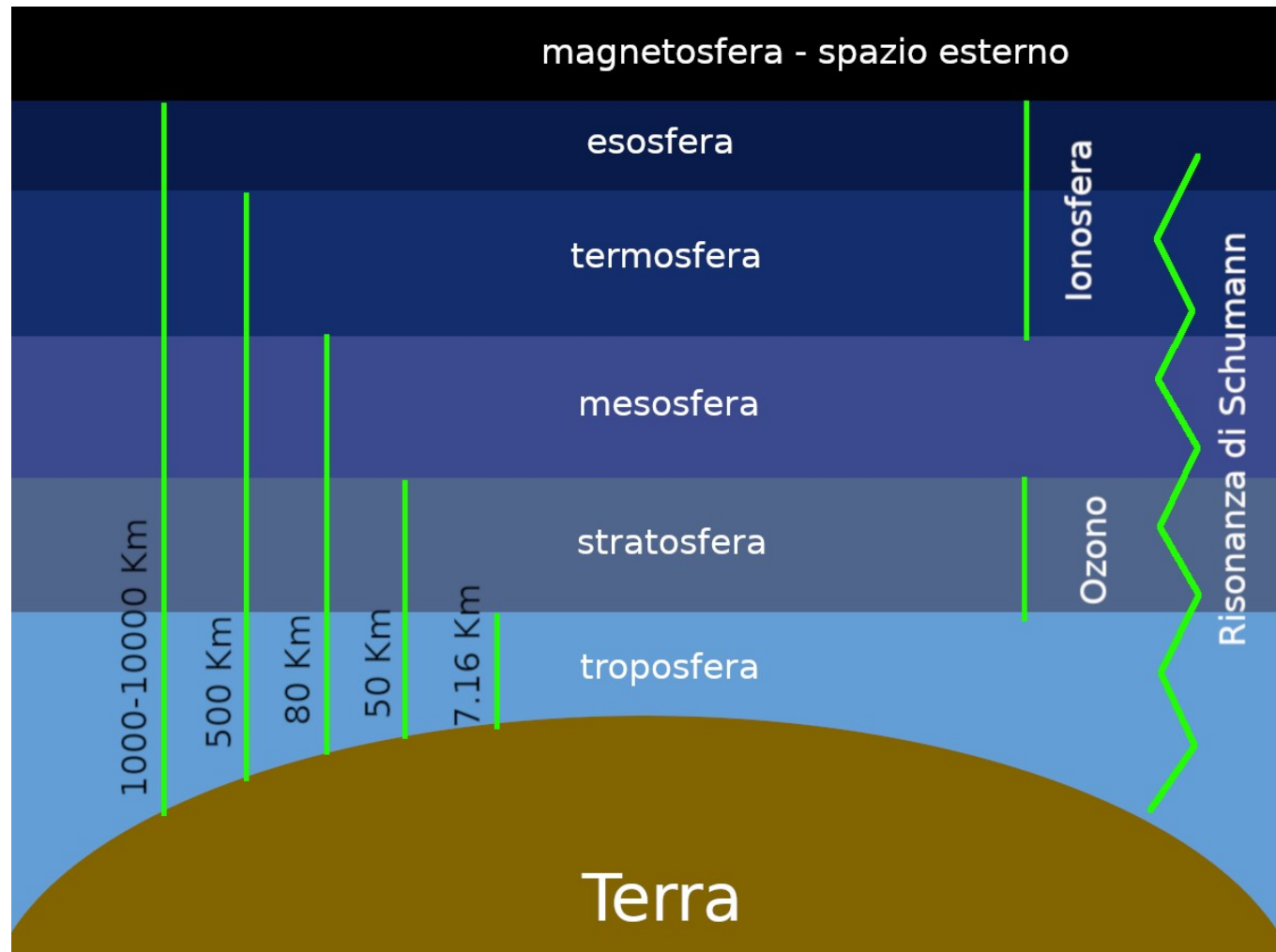


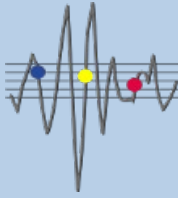
le due facce della medaglia:

- materia
- energia



Risonanza di Schumann: 7.83 Hz





Carlo Ventura: cellule e trasmissione di frequenze

Symphony of life, revealed: New imaging technique captures vibrations of proteins, tiny motions critical to human life

Like the strings on a violin or the pipes of an organ, the proteins in the human body vibrate in different patterns, scientists have long suspected. Now, a new study provides what researchers say is the first conclusive evidence that this is true.



This graphic visualizes the vibrations in lysozyme as it is excited by terahertz light (depicted by the red wave arrow). Such vibrations, long thought to exist, have never before been described in such detail, said lead researcher Andrea Markelz, (University of Buffalo).

terahertz near-field microscopy

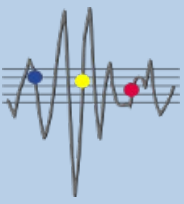
NATURE COMMUNICATIONS | ARTICLE
Optical measurements of long-range protein vibrations
Gheorghe Acbas, Katherine A. Niessen, Edward H. Snell & A.G. Markelz
Nature Communications 5, Article number: 3076 doi:10.1038/Published 16 January 2014



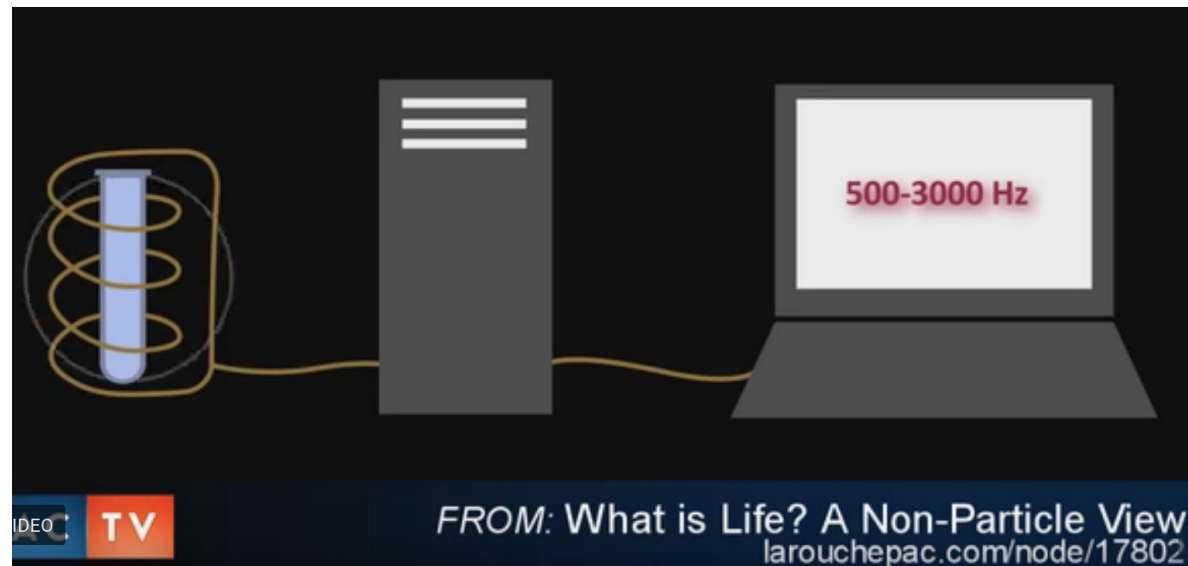
Prof. Carlo Ventura

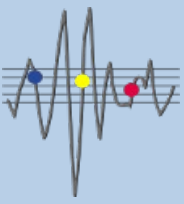
Suoni e cellule staminali: vibrazione mutante per il futuro della Medicina Rigenerativa

A.M.I.O.T.
Associazione Medica Italiana
di Omotossicologia
Milano

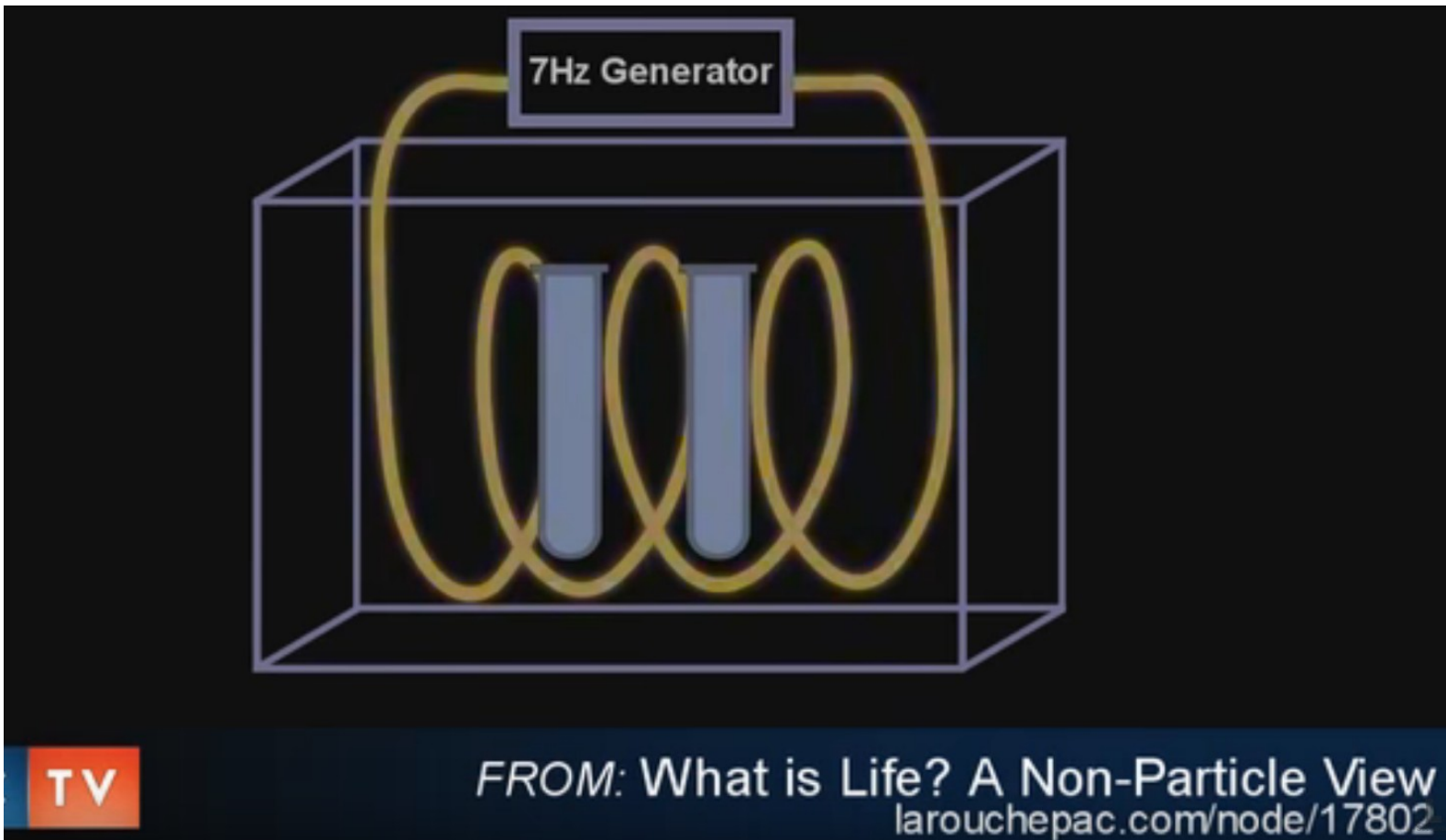


Luc Montagnier: cellule e trasmissione di frequenze

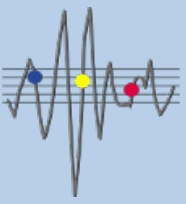




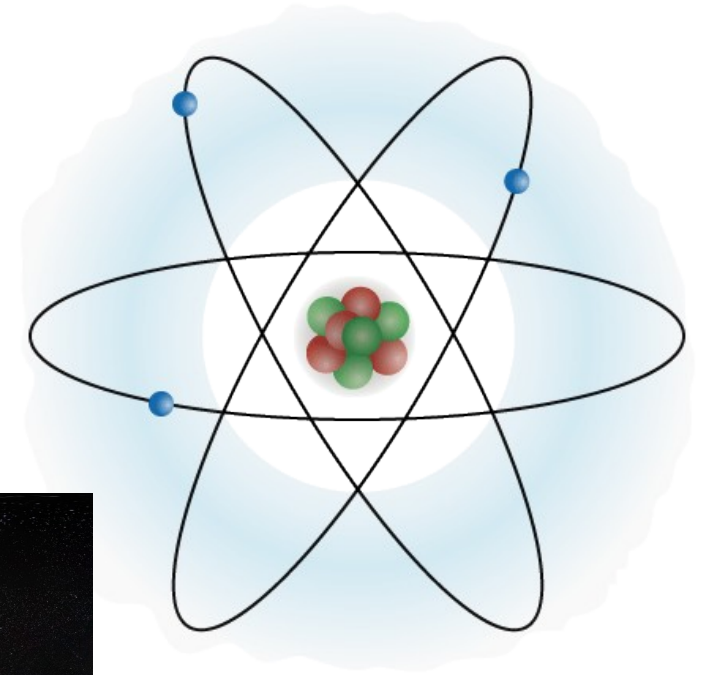
Luc Montagnier: cellule e trasmissione di frequenze

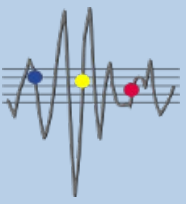


materia e energia



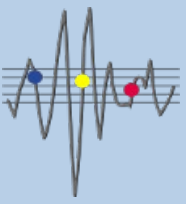
microcosmo / macrocosmo



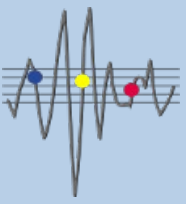


dunque...

- la materia è manifestazione di vibrazioni
- la Scienza, con i suoi tempi, ci sta arrivando

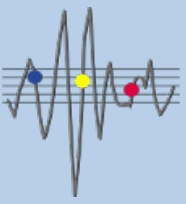


musica e organismo



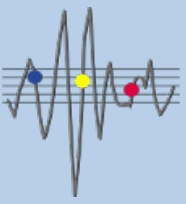
la musica come metafora e
concretazione del mondo sottile





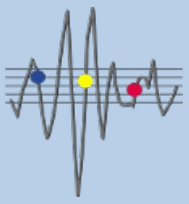
la musica come metafora e concretazione del mondo sottile



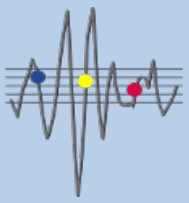


dati scientifici alla mano...

- musica e benessere personale e sociale
- musica e linguaggio
- musica e movimento



musica e salute



riabilitazione - ictus

Randomized Controlled Trial > J Rehabil Res Dev. 2016;53(4):457-72.

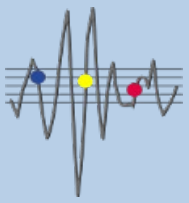
doi: 10.1682/JRRD.2015.04.0057.

Home-based Hand Rehabilitation After Chronic Stroke: Randomized, Controlled Single-Blind Trial Comparing the MusicGlove With a Conventional Exercise Program

Daniel K Zondervan, Nizan Friedman, Enoch Chang, Xing Zhao, Renee Augsburger, David J Reinkensmeyer, Steven C Cramer

PMID: 27532880 DOI: [10.1682/JRRD.2015.04.0057](https://doi.org/10.1682/JRRD.2015.04.0057)

Free article



riabilitazione - Parkinson

Review > J Geriatr Psychiatry Neurol. 2019 Jan;32(1):49-56. doi: 10.1177/0891988718819858.

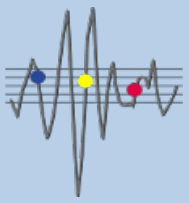
Epub 2018 Dec 17.

Music Therapy and Dance as Gait Rehabilitation in Patients With Parkinson Disease: A Review of Evidence

Ana Paula S Pereira¹, Victor Marinho^{2 3}, Daya Gupta⁴, Francisco Magalhães^{2 3}, Carla Ayres²,
Silmar Teixeira^{1 2 3}

Affiliations + expand

PMID: 30558462 DOI: [10.1177/0891988718819858](https://doi.org/10.1177/0891988718819858)



riabilitazione - Alzheimer



[Front Neurosci.](#) 2019; 13: 132.

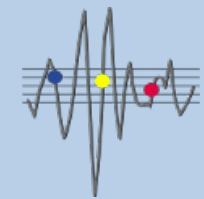
PMCID: PMC6424022

Published online 2019 Mar 12. doi: [10.3389/fnins.2019.00132](https://doi.org/10.3389/fnins.2019.00132)

PMID: [30930728](https://pubmed.ncbi.nlm.nih.gov/30930728/)

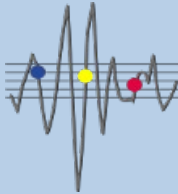
Music Intervention Approaches for Alzheimer's Disease: A Review of the Literature

[Melissa Leggieri](#)^{1,2} [Michael H. Thaut](#)³ [Luis Fornazzari](#)^{1,4} [Tom A. Schweizer](#)^{1,2,5} [Joseph Barfett](#)^{1,6}
[David G. Munoz](#)^{1,2,7} and [Corinne E. Fischer](#)^{1,2,8,*}



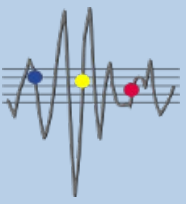
stimolazione sociale





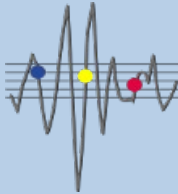
stimolazione sociale





stimolazione personale





SEMPRE COMINCIANDO DAL CORPO

Questa pratica consiste nell'ascolto di un'Opera musicale.

“Posologia”:

- Pillola 1 = sempre due volte al dì prima dei pasti,
- Pillola 6 = una volta al mese.

In questo caso l'Opera musicale la si può scegliere liberamente.

Personalmente suggerisco la Sinfonia No. 9 di Beethoven

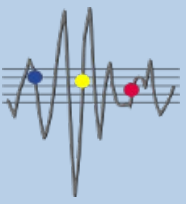
Lo scopo è di staccare per un'oretta dal mondo esterno e lasciarsi trasportare dalla Musica (durante l'ascolto non farò altro!).

La prima volta può essere impegnativo rimanere concentrati.

(Certo, la miglior cosa sarebbe andare ad ascoltare un concerto dal vivo, ma per ora...)

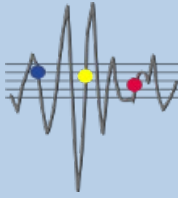
- Questa è una buona registrazione disponibile pubblicamente (ce ne sono di migliori ma interrotte dalle pubblicità)
- Questo è un testo di sintesi dell'Opera.

Buon ascolto e buona meditazione



BUONA MEDITAZIONE E ARRIVEDERCI

indice dei materiali



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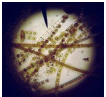
Alokprasad, Patanjali Statue, CC BY-SA 3.0



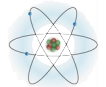
Duccio di Buoninsegna artist QS:P170,Q15792, San Tommaso e Gesù Cristo, marked as public domain



Sumita Roy Dutta, Student of Voice of World enjoying idols by touch DSCN2406VOW, CC BY-SA 4.0



Rozzychan~enwiki, Algaeconjugate, marked as public domain



The original uploader was Mortdefides at Bulgarian Wikipedia., Atom111, CC BY 2.5



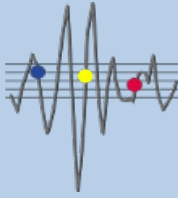
Jon Sullivan, Candle flame, marked as public domain



Denis Faustinelli, Stella Alpina - panoramio (1), CC BY 3.0



Carlo Ventura (2016) Suoni e Cellule staminali: vibrazione mutante e medicina rigenerativa - AMIOT
Carlo Ventura (2019) Melodie Cellulari: nuove prospettive di medicina rigenerativa – TEDx Torino



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Luc Montagnier: medico, biologo e virologo francese



Luc Montagnier: Excerpt from “What is life? A non-particle view”



ESO/S. Brunier, ESO - Milky Way, CC BY 4.0



Hand milking a cow at Cobbes Farm Museum, CC BY-SA



Joe deSousa, Music to garden by. (34382794695), CC0 1.0



Ianyou78, Parque Kennedy - Elderly dance off in Lima, Peru, CC BY-SA 3.0



Australian Paralympic Committee, 201000 - Opening Ceremony choir singing - 3b - 2000 Sydney opening ceremony photo, CC BY-SA 3.0



Babies like listening to music, CC